## MORTON PARK DISTRICT FREE Early Morning Walking 2024-25

@ Morton Recreation Center324 Detroit Ave. Morton, IL

**Looking for a place to walk without getting cold or wet?** Come to the Recreation Center and walk on the field turf soccer field. The program is open to the public. Participants are asked to wear clean soft-soled shoes. Walking traffic must all go in the same clockwise direction.

No food or drinks of any kind allowed on the field.

November: 4, 6, 8, 11, 13, 15, 18, 20, 22, 25, 27 (*No Walking 11/29*) December: 2, 4, 6, 9, 11, 13, 16, 18, 20 (*No Walking 12/23, 25, 27, 30*) January: 6, 8, 10, 13, 15, 17, 20, 22, 24, 27 29, 31(*No Walking 1/1, 3*) February: 3, 5, 7 10, 12, 14, 17, 19, 21, 24, 26, 28 March: 3, 5, 7, 10, 12, 14, 17, 19, 21, 24, 26, 28, 31 April: 2, 4, 7, 9, 11

Days: Monday, Wednesday, Friday Times: 7:30am-9:00am Location: Recreation Center at 324 Detroit Ave Cost: FREE

If you have questions please call the park office at 309-263-7429 or stop by the office at 349 W. Birchwood during office hours Monday-Friday from 8:30am-Noon and 1:00-5:00pm. You can also check us out on the web at www.mortonparkdistrict.com or on Facebook at Morton Park District.



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